

About us

This website was developed by Deakin University in partnership with Western Health.

The content of this website was informed by a research project, “Identifying the information and support needs of women with type 1 and type 2 diabetes regarding breastfeeding”. This project was approved by the low risk ethics committees of Western Health (HREC/19/WH/50514) and Deakin University (2019-124). We collected data on breastfeeding with type 1 or type 2 diabetes. Participants included both women with type 1 or type 2 diabetes and health professionals who work with women with pre-pregnancy diabetes during pregnancy, birth and the postnatal period.

Research team

Professor Bodil Rasmussen is a Professor of Nursing at the School of Nursing and Midwifery, Deakin University and Chair of the School’s partnership with Western Health. She has many years of experience researching the experience of living with type 1 or type 2 diabetes, especially during major life transitions. Bodil has a special interest in breastfeeding among women with pre-pregnancy diabetes.

Dr Karen Wynter is a Research Fellow on the Deakin University School of Nursing and Midwifery – Western Health Partnership. She has conducted a substantial amount of research on mental health and wellbeing among pregnant women and new mothers, and factors which might make it difficult for women to breastfeed.

Project reference group

- Mrs Cheryl Steele, Manager of Diabetes Education, Western Health
- Professor Mary Carolan-Olah, Professor of Midwifery and Women’s Health, Victoria University
- Associate Professor Alison Nankervis, Clinical Head, Departments of Diabetes and Endocrinology, Royal Melbourne and Women’s Hospitals
- Professor Helen Skouteris, Monash Centre for Health Research & Implementation, Monash University
- Mrs Margaret McCormack, Midwifery Educator, Western Health
- Mrs Kim Henshaw, Consumer Advisor and Families Coordinator, Diabetes Victoria
- Mrs Cath McNamara, Diabetes Educator, Mercy Hospital for Women
- Dr Sara Holton, Research Fellow, Deakin University School of Nursing and Midwifery – Western Health Partnership

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Questions or comments

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